




Sun.	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		Angel Gowns does not meet in December.				1 Easy Home Nutrition and Fitness 12-1 Genealogy 10-11
2 Closed	3 Genealogy 3-4:30	4 Technology Help 1-3 Life in Color 1-3 Holiday Fashion Show 2-4 	5 Mending Hearts 9-10 Healthy Holiday Eating & Entertaining with Becky Varner 11-12 Alzheimer's Support 5:30-6:30	6 Free Blood Pressure Checks 11:30-1 Integris Eating and Drinking Tips for the Holidays 1-2	7 "Dealing with the Stuff Holiday Style" 10-12 Weaving Mats 1-3	8 Genealogy 10-11 New Tech Help Group 10-12
9 Closed	10 Diabetes Support 11:15-12 Genealogy 3-4:30	11 CPR 8-12 Veterans' Support 11-12 Technology Help 1-3 Life in Color 1-3	12 Mending Hearts 9-10 Popcorn... Palooza 1-1:30..  Rental: Physical Medicine of Oklahoma 12-2	13 Natural Grocers 11:30-12:30 Rediscover Happiness when life is sucking the joy out of you 6-7	14 Holiday Festival 5-7 	15 Managing Your Oil & Gas Minerals 11-12 New Tech Help Group 10-12
16 Closed	17 Genealogy 3-4:30	18 Technology Help 1-3 Life in Color 1-3 Movie Club Meet at 1	19 Mending Heart 9-10 Alzheimer's Support 5:30-6:30	20 Welcome to HLOKC 1-2	21 Weaving Mats 1-3 Rockwell Pickers Concert 5-7	22 Genealogy 10-11
23 Closed	24 Diabetes Support 11:15-12 Early Closing at 4	25 Christmas Day HLOKC is Closed	26 Opening at 8 Mending Hearts 9-10	27	28	29 *Rentals
30 Closed	31 Closing at 4	1 New Year's Day HLOKC is Closed	2 Opening at 8 Mending Hearts	3 Free Blood Pressure Checks 11:30-1 Your only as old as you feel 1-2	4	5